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## Effect of FSH dose on the super ovulatory response in Punganur Cows

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### Abstract

The study was aimed to evaluate the super ovulatory response in Punganur cows by using low doses of FSH wherein donor cows were treated with 160 and 200 mg of Folltropin<sup>®</sup>V to assess the ovarian response, follicular development, total number of ovulations per animal, embryos recovered, and concentrations of estrogen at different stages of the treatment. The results indicated that 200 mg FSHp has significantly higher ovarian response with a greater number of follicles per animal, but with no significant difference in total number of ovulations, embryos recovered, and viable embryos between groups. The concentration of estrogen was significant among different treatment days within each group, but with no significant difference between groups. However, a negative correlation was observed between the concentration of estrogen on the day of initiation of superovulation with number of ovulations and embryos collected indicating an inverse relationship. In conclusion, super ovulatory response, follicular growth, and embryo recovery rate was superior with 200 mg compared to 160 mg FSH.

**Keywords:** Embryo, estrogen, Folltropin<sup>®</sup>V, punganur, superovulation

### Introduction

India's diverse cattle genetic resources include 43 native breeds (Srivatsava *et al.* 2019) [28] and among them Punganur exhibits exceptional traits including best reproductive efficiency and disease resistance (Veerabramhaiah *et al.* 2012) [31]. The Punganur cattle is one of the world's smallest humped cattle and its population is declining leading to genetic degradation and risk of extinction (Ramesha, 2001) [19]. In order to enhance the population advanced reproductive techniques such as superovulation and embryo transfer have been employed. However, the outcomes of superovulation procedures have been inconsistent due to differences in FSH products and dose, breed, nutritional status, seasonal effects, and age-related factors. Since the dose of FSH plays a crucial role in determining the response and due to variations in the response between *Bos Indicus* and *Bos Taurus* (Sartori *et al.* 2016) [24], the present study undertaken to assess ovarian response by using lower doses of FSH.

### Material and Methods

Punganur cows (Fig. No. 1) having good characteristics maintained under standard managerial practices were selected and divided into two groups of seven donor cows. These Group I and Group II cows were superovulated with 160 and 200 mg of FSH on the 10<sup>th</sup> day of the estrous cycle (estrus-0) intramuscularly in twice daily doses at 12 h intervals for four consecutive days (35/35, 20/20, 15/15 and 10/10) and (40/40, 30/30, 20/20 and 10/10), respectively. Immediately after the exhibition of super-estrus or 12 h after the last injection of FSH, 1500 IU of Human chorionic gonadotropin (hCG) was administered to induce ovulation. All the donor cows showing super-estrus symptoms were bred at 48 and 60 h post-Prostaglandin administration.

Seven days post-breeding non-surgical embryo collection was made after assessing the superovulatory response with the help of Ultrasonography (5.0-7.5 MHz linear-array) aided ovarian examination (Fig. No. 2 & 3). Uterine flushed media was transferred to the lab for embryo isolation, evaluation and grading based on stage of development and morphological features as grade I (Excellent), grade II (Good), and grade III (Fair) (Mapletoft, 1986) [14].

High-quality embryos were equilibrated in holding medium before freezing and were moved to freezing medium and loaded into straws under a stereozoom microscope. Cryopreservation was done using a Cryobath (IMV Technologies, France) and straws were stored in LN2 container.

Blood samples were collected during FSH superovulation from day 10 to day 13 of the estrous cycle and on the days of super-estrus and embryo collection to assess estrogen concentrations. Data was analyzed using one-way ANOVA for donor superovulatory response, two-way classification for hormone concentrations and paired t-test to compare groups on specific dates with the help of SPSS 12.0.



**Fig 1:** Punganur cow.



**Fig 2:** Multiple Follicles superovulated with Folltropin V



**Fig 3:** Unovulated Follicles and corpora lutea superovulated with Folltropin V

## Results and Discussion

Ovarian response regarding the number of follicles after superovulation in Group I and II cows was 43.10 and 54.49%, respectively, with no significant difference between groups. Superovulatory treatment of the donor with 160 mg of FSHp resulted in the development of  $1.86 \pm 0.40$  and  $1.29 \pm 0.36$  follicles on the right and left ovaries, respectively, and  $3.14 \pm 0.63$  of total follicles, with 200 mg,  $2.57 \pm 0.30$  and  $2.43 \pm 0.20$  follicles on the right and left ovaries, respectively, and  $5.00 \pm 0.44$  of total follicles (Table 1). There was a significant difference in the response between

Groups, but the lowered response in Group I might be due to limited binding of FSH to the receptors located on granulosa cells of antral follicle (DK *et al.* 1992)<sup>[7]</sup> or failure of response to hormone due to insufficient numbers of FSH receptors in donor cows (Veerabramhaiah *et al.* 2012)<sup>[31]</sup>. These results agree with findings of Veerabramhaiah *et al.* (2012)<sup>[31]</sup> in Punganur cattle, Reddy *et al.* (2018)<sup>[22]</sup> in Sahiwal x Jersey crossbreed and Yedukondalu (2015)<sup>[34]</sup> in Ongole cattle. Contrary to the present findings, Barati *et al.* (2006)<sup>[4]</sup> did not record any significant difference in the superovulatory response between groups. These variations between two doses might be due to individual differences in the follicle population in the ovary (Mohammed *et al.* 2019)<sup>[17]</sup> and dose of Folltropin® V stimulation on antral follicles of Group II donor cows.

Further, ovarian response is related with differences in treatments such as total dose, duration and timing of treatment and the use of additional hormones in the treatment protocol (Son *et al.* 2007)<sup>[26]</sup>. Additional factors for the differences in ovarian response might also be the genetic of the animal and its environment, dietary intake (Yaakub *et al.* 1999)<sup>[33]</sup>, breed (Alvarez *et al.* 2010)<sup>[2]</sup>; Tasdemir *et al.* 2011)<sup>[29]</sup>, season (Mapletoft and Bo, 2014)<sup>[13]</sup>, age (Da Costa *et al.* 2001)<sup>[6]</sup>, ovarian status at the time of the treatment (Bader *et al.* 2005)<sup>[3]</sup>; Durocher *et al.* 2006)<sup>[8]</sup> and the effects of repeated superstimulations (Malhi *et al.* 2006)<sup>[12]</sup>. Though *Bos Indicus* breeds have greater sensitivity to exogenous gonadotropins, the mean lesser number of follicles in *Bos Indicus* than exotic breeds recorded in this study is akin to the findings of Baruselli *et al.* (2006)<sup>[5]</sup>, Veerabramhaiah *et al.* (2012)<sup>[31]</sup> and Reddy *et al.* (2018)<sup>[22]</sup>.

The overall mean number of ovulations on the right and left ovaries were  $1.00 \pm 0.38$  and  $0.86 \pm 0.26$ , respectively, with total ovulations of  $1.86 \pm 0.40$  per animal, In Group II were  $1.57 \pm 0.37$ ,  $1.14 \pm 0.34$  respectively, with total ovulations of  $2.71 \pm 0.57$  per animal (Table 1). In other indigenous breeds like Ongole (Rao *et al.* 2005)<sup>[20]</sup> and Kankrej (Sahatpure and Mehta, 2004)<sup>[23]</sup> the ovulations were more than the present findings which were superovulated with 400 mg FSH. Contrary to the present findings, good response of 18 ovulations out of 21 follicles per animal was recorded by Singhal *et al.* (2017)<sup>[25]</sup>. Similar to the present study, Baruselli *et al.* (2006)<sup>[5]</sup> observed equal ovulations with lower doses of FSH during random stages of cycle. The difference in the number of ovulations between Group I and II was not significant and akin to the findings of Souza *et al.* (2018)<sup>[27]</sup>, who did not find any significant difference between 200 and 400 mg FSH, but the percentage of ovulation was lower with 200 mg FSH.

There was no significant difference between two treatments with regard to the total number of ovulations and embryos recovered. Group I resulted in to recovery of 6 total embryos and 1 unfertilized ova with a mean of  $0.86 \pm 0.26$  and  $0.14 \pm 0.14$ , respectively, per collection with overall mean percentage of embryo recovery rate of  $35.71 \pm 9.91$ , In Group II resulted in to recovery of 11 total embryos and 1 unfertilized ova with a mean of  $1.57 \pm 0.48$  and  $0.14 \pm 0.14$ , respectively, per collection with overall mean percentage of embryo recovery rate of  $47.14 \pm 10.30$  (Table 1).

The percentage of total recovery of embryos and ova is higher than the observations of (Karaivanov *et al.* 1990)<sup>[10]</sup> in Russian cows and of (Nilchuen *et al.* 2012)<sup>[18]</sup> in Kamphaeng Sean beef cattle. The lesser yield of good

quality embryos in 160 mg group cows might be due to the fact that the FSHp dose might not have induced satisfactory superovulation though it is well accepted that dose of FSHp in *Bos Taurus* is 30 to 50% higher than dose recommended for *Bos Indicus* cattle (Barati *et al.* 2006) [4].

In Mertolengo cattle (Da Costa, 2001) [6] fewer unfertilized ova were recovered, Souza *et al.* (2018) [27] and Guerra *et al.* (2012) [9] recorded higher unfertilized ova recovery than the present study. Similarly, the findings of (Nilchuen *et al.* 2012) [18] were akin to the present values. The greater number of ova recoveries in other studies might be due to premature or delayed ovulation and descent and also due to differences in the synchrony between ovulation and AI (Guerra *et al.* 2012) [9].

Total viable embryo production in donor cows of Group I was lesser when compared to Group II cows with no significant difference between two protocols. Similar recovery rate reported in Sahiwal by Mishra *et al.* (2002) [16] with decreasing doses of FSHp and in Iranian *Bos Indicus* by Barati *et al.* (2006) [4] with constant doses of FSHp. But in Sahiwal (Ullah *et al.* 1998) [30], Vechur (Venkatachalapathy *et al.* 2000) [32], Ongole (Kasiraj *et al.* 2000 [11]; Rao *et al.* 2005 [20]) and Kankrej cows (Sahatpure and Mehta, 2004) [23] higher embryo recovery was reported with 400 mg of FSHp.

In the present study, there was no significant difference between the two treatments in the number of embryos recovered. Similar to the present study (Baruselli *et al.* 2006) [5] also did not find any difference in the embryos recovery. Contrary to this study, the yield of recovered embryos significantly varied between different FSH doses (280, 320 and 360 mg) Ali *et al.* (2012) [1]. The lesser

percentage of recovery of embryos in both the groups compared to the other reports might be due to lack of egg uptake by the infundibulum due to increased size of the ovary following gonadotropin treatment in group II and lesser response observed in Group I cows in addition to premature or delayed ovulation, delayed egg or embryo descent in both the groups.

The overall mean concentrations of estrogen in cows at the time of estrus, on the day of initiation of superovulation, at super estrus and at embryo collection with 160 mg were 42.43±3.18; 40.62±2.60; 92.81±11.43 and 46.21±1.56, with 200 mg 42.53±1.70; 29.83±3.75; 117.58±11.32 and 39.90±1.27, respectively. Suggesting increased concentration at the super-estrus probably gives an indication of the number of developing estrogenized follicles, which could have turned out to be a superovulatory response (Maurya and Mathur, 2010) [15]. The difference in the concentration of estrogen between groups was not significant, but the difference between different days of treatment within Group I and Group II was significant. At the same time, the difference in estrogen concentration on the day of super-estrus and embryo collection between groups was significantly ( $p<0.05$ ) different, while on the day of normal estrus and initiation of superovulatory treatment, difference was not significant (Table. 3).

There was a negative and significant ( $p<0.05$ ) correlation between the concentration of estrogen on the day of initiation of superovulatory treatment with the number of ovulations and number of embryos collected in group I, In Group II there was a positive and significant ( $p<0.05$ ) correlation between the groups. The present findings corroborate those of Reddy *et al.* (2023) [21].

**Table 1:** Superovulatory response and recovery rates in donor superovulated with Folltropin® V

Dose of FSHp (n=7)	Follicles		Total Follicles	Ovulations		Total Ovulations	Recovered Embryos	Recovered Embryos (%)	Recovered Ova	Total recovery (%)
	Rt ovary	Lt ovary		Rt ovary	Lt ovary					
160 mg	1.86 ±0.40	1.29 ±0.36	3.14 ±0.63	1.00 ±0.38	0.86 ±0.26	1.86 ±0.40	0.86 ±0.26	35.71 ±9.91	0.14 ±0.14	42.86 ±13.54
200 mg	2.57 ±0.30	2.43 ±0.20	5.00 ±0.44	1.57 ±0.37	1.14 ±0.34	2.71 ±0.57	1.57 ±0.48	47.14 ±10.30	0.14 ±0.14	51.90 ±12.64

**Table 2:** Analysis of variance of superovulatory response and recovery rates in donor Cows with Folltropin® V

Particulars	Group I	Group II	t-value
Total Follicles	3.14±0.63 <sup>a</sup>	5.00±0.44 <sup>b</sup>	-3.12
Ovulations	1.86±0.40 <sup>a</sup>	2.71±0.57 <sup>a</sup>	-1.44
Embryos	0.86±0.26 <sup>a</sup>	1.57±0.48 <sup>a</sup>	-1.99
Ova	0.14±0.14 <sup>a</sup>	0.14±0.14 <sup>a</sup>	0.00

Means bearing different superscripts (a, b) within a row differ significantly.

**Table 3:** Estrogen concentration on different days of superovulatory treatment with Folltropin® V

Particulars	Group 1 n=7	Group 2 n=7	t-value n=14
Estrus	42.43±3.18 <sup>a1</sup>	42.53±1.70 <sup>a1</sup>	-0.03 <sup>NS</sup>
Initiation of superovulation	40.62±2.60 <sup>a1</sup>	29.83±3.75 <sup>a1</sup>	1.95 <sup>NS</sup>
Super-estrus	92.81±11.43 <sup>ab1</sup>	117.58±11.32 <sup>b2</sup>	-3.35 <sup>*</sup>
Embryo collection	46.21±1.56 <sup>ac1</sup>	39.90±1.27 <sup>ab1</sup>	3.66 <sup>*</sup>
Overall n=28	55.52±3.05 <sup>A</sup>	57.46±3.05 <sup>A</sup>	

Means bearing different superscripts (a, b) within a column differ significantly

Means bearing different superscripts (A, B) within a row differ significantly

Means bearing different superscripts (1, 2) within a row differ significantly

## Conclusion

It is concluded that superovulatory response, follicular growth and embryo recovery rate was better with 200 mg compared to 160 mg Folltropin® V in Punganur donor cows. All the collected embryos were transferred to the Embryo Biotechnology Laboratory, Palamaner and were cryopreserved by using cryobath cryopreserved.

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**Conflict of Interest:** All authors declare no conflict of interest.

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